

Asana Workshop with

Dean Lerner

Senior Iyengar Teacher Dean Lerner will be offering one asana class at the Iyengar Yoga Center of Boulder on **Sunday, November 16th, 10am-12pm.**

All levels are welcome! Both beginners and experienced students can expect to be met at their level.

\$30 in advance or \$35 at the door.
Half scholarships are available!

Dean is also teaching at the Iyengar Yoga Center of Denver (<http://www.iyengaryogacenter.com/>) on Friday and Saturday, November 14th and 15th, and at the Iyengar Yoga Center of Fort Collins (<http://www.cwrightyoga.com/>) on Monday the 17th.



For more information and to register, please visit
<http://www.boulderyoga.com/workshops/>

Dean Lerner, longtime student of B.K.S. Iyengar and past president of the Iyengar Yoga National Association of the U.S., blends keen perception and insight with his delightful sense of humor to present classes that will satisfy and stretch you - body, mind and spirit. Dean was awarded an Advanced level certification from Shri B.K.S. Iyengar and is co-director of the Center for Well-Being in Lemont, Pennsylvania. He is an avid practitioner, teaches workshops around the world, and has been published several times in *Yoga Journal*. Learn more about Dean at www.centerforwellbeing.net.



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